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E-Safety Week Review February 2018

Across the whole school this week we have been focussing on using the internet safely. The children have seen some of the enormous benefits of the internet as well as some of the risks. On Monday all of the children had a visit from PC Westmacott in assembly who spoke to all of the children about various aspects of staying safe online. Below is a summary of the activities throughout the week in each class.

Orange Class

All of the children have viewed two PowerPoint presentations on E-Safety, learnt a song about staying safe when using tablets and hand held devices and participated in discussions. As a group we came up with five ways to stay safe on a computer and created posters showing one of the five rules.

Red Class

Red Class watched a film about a puppet who was learning how to stay safe on the internet. Then we played a circle game with a ball of wool! It showed us how connected we all are, and led to a discussion about people we can trust. Finally, we wrote a list of 'tips' for staying safe online.

Blue Class

Throughout the week, Blue class have also had the opportunity to submit anonymous questions and worries which have then been addressed. We have also been thinking a lot about how behaviour online can make us feel and how we can have fun whilst staying safe.

Year 3 and 4 have been exploring the SMART rules.

S = Safe Be careful not to give up our personal information online, especially to people we don't know.

M = Meet Never meet up with someone that we have only met through chatting online. If we really need to, then only ever do this with a trusted adult.

A = Accepting Be careful when accepting attachments and information from people we don't know. They may contain upsetting messages or viruses. DELETE them straight away!
online.



R = Reliable Not everything we read online is true. Compare information on more than one website. Also, remember that people online may not be who they say they are.

T = Tell Always tell a trusted adult if someone or something is making you upset or worried

Green Class

In Green Class at the beginning of the week, we all completed the safer internet day quiz. We discussed our answers and learnt about how important it is to keep your personal details private. On Wednesday, a group of children enjoyed rehearsing scenarios related to e-safety which they performed for the whole class on Thursday. From this we learnt that it is important to remember how other people may feel about what we say or do online; we also realised that it is not always easy to interpret the meaning of what someone is saying or how it is being said from a written message. On Thursday afternoon, we watched an NSPCC Netaware video about a boy who sent pictures that were private to a friend and they unfortunately ended up online for everyone to see. We saw the risks involved in this and learnt that this was not something we should do. This morning we investigated various apps which are popular with children including music.ly, oovoo and Omegle. We evaluated the benefits and risks of these apps.

We hope that some of the activities this week have encouraged helpful discussion between children and parents. Attached to this letter there are various useful documents which parents may find useful for starting discussions.

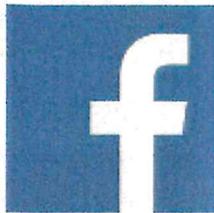
A copy of this letter and lots of other useful information is on our website e-safety page <http://www.bledington.gloucs.sch.uk/e-safety/>

If you have any questions then please feel free to come and see me.

Many Thanks

Mr Wootton

NSPCC <https://www.net-aware.org.uk/> APPS reviews



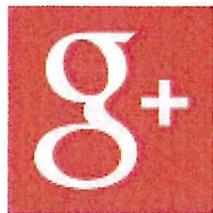
Facebook and Messenger
Facebook is a social network which lets you create a page about yourself. Facebook Messenger allows you to instant message in group chats or one to one.



ASKfm
ASKfm is a social networking site where you can ask other people questions. You can choose to ask the question anonymously.



BBM
Blackberry's BBM is an instant messaging app. You have your own unique 4 digit pin and other people can only add you using this.



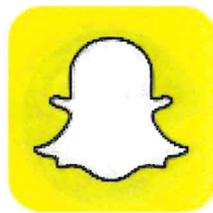
Google+
Google+ is a space where you can share photos and videos, instant message or make video-calls.



Instagram
Instagram is a picture and video sharing app. Users can post content and use hashtags to share experiences, thoughts or memories with an online community.



Kik
Kik is an instant messaging app which lets you create your own username, share messages, photos, games and news or organise events.



Snapchat
Snapchat is an app that lets you send a photo, short video or message to your contacts.



YouTube
YouTube allows you to watch, create and comment on videos. You can create your own YouTube account, playlists and channel with a public profile.



Minecraft: Pocket Edition
Minecraft is a game that lets you build and create a virtual world using building blocks.



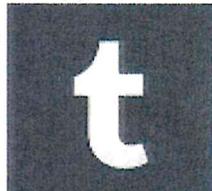
Skype
Skype is a computer programme and app, which lets you send instant messages and make audio and video calls to other users around the world.



Twitter
Twitter is a messaging service that lets you post public messages called tweets up to 280 characters long. You can also send private messages and post pictures/videos.



WhatsApp
WhatsApp is an instant messaging app which lets you send messages, images and videos to friends in one to one and group chats.



Tumblr
Tumblr is a social networking site that lets you share text, photos, quotes, links, audio clips, slideshows and videos and live broadcasts.



Omegle
Omegle is a social networking site that randomly connects you to another person who's on the site. It lets you talk to others in a one-to-one audio or video conversation anonymously, or you can choose to share your personal information.



ooVoo
ooVoo lets you make video and voice calls and send texts to other people, friends and family.



Flipagram
Flipagram lets you make videos and photo/video slideshows to free popular music.



Glide
Glide is a video messaging app which allows you to either review your messages before sending or stream live.



Live.ly
Live.ly is a live video streaming app that allows you to broadcast videos in real time to your friends or other Live.ly users.



IMVU
IMVU is a virtual world where you create an avatar and connect with people from across the world.



Movie StarPlanet
MovieStarPlanet is an online game. You can create a famous movie star character to talk to others in the chat room, play games and watch videos.



Pinterest
Pinterest is an online interactive pin board. You can create collections of pin boards using your own images and you can also re-pin things from other people.



Tango
Tango is an app which allows you meet new people, make voice and video calls, have group chats and share content with other users.



Twitch
Twitch is a live video game website. You can watch playbacks of games being played by other people, live stream your own games and chat to other gamers.



Viber
Viber is a computer program and app, which lets you text, call, share photos and send video messages to people worldwide.



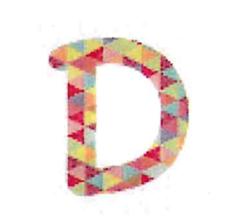
Call of Duty: Black Ops Zombies
Call of Duty: Black Ops Zombies is a game where players fight against zombies alone or in teams.



Clash of Clans
Clash of Clans is a game where players build armies to battle against other players or team of players.



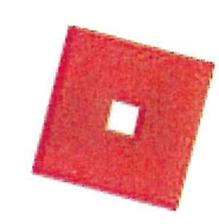
SoundCloud
SoundCloud is an app that lets you find music, podcasts, news and comedy that you are interested in.



Dubsmash
Dubsmash is an app which lets you create your own music videos dubbed with famous sounds and quotes.



Steam
Steam is an entertainment platform which lets you play games, create your own in-game content, broadcast live videos and chat to other members of the community.



Roblox
Roblox is a user-generated gaming platform where you can create your own games or play games that other users have made. You can also chat to other players.



Google Hangouts
Google Hangouts is a computer programme and app that lets you video call, phone or message other users.



Allo
Allo is a messaging app that lets you express yourself through stickers, doodles, emojis and text.



Kiwi
Kiwi is a social Q&A app. It lets you ask and respond to questions with your friends and people from across the world.



FaceTime
FaceTime allows you to make video and audio calls from your Apple devices using the internet.



FIFA Mobile Football
FIFA Mobile Football is a gaming app where you can build and manage your own football team.



Pokémon GO
Pokémon GO allows you to find Pokémon characters and catch them to add to your collection. The map is based on where you are standing (in real life).



Periscope
Periscope is an app that lets you view and broadcast live videos from around the world.



Musical.ly
Musical.ly allows you to create, share and discover short videos. You can share videos with friends or with other Musical.ly users.



PenPal World
PenPal World is a website that lets you create new friends from across the world. Users create a profile and can connect with other users.



6 February 2018

'Create, Connect and Share Respect: A better internet starts with you.'

Conversation starters for parents and carers

Safer Internet Day is a fantastic opportunity to have a conversation with children about using the internet safely, responsibly and positively. Whether you are a parent, grandparent, foster carer, aunt, uncle or older sibling – we can all play a role in empowering children to enjoy their time online!

This year, the UK Safer Internet Centre is particularly focusing on the role of the internet in young people's lives in terms of their relationships and digital wellbeing. These conversation starters are a great way to help you talk about these issues with children.

Get the conversation started on a positive note with these fun topics:

Talk about safety

What do you know where to go for help, where to find safety advice and how to use safety tools on your favourite apps and games?

What is okay/not okay to share online? Why?

Do you like to be creative online? What have you created? (It could be anything from a picture or video to creating their own games, sites or apps.)

The internet offers brilliant opportunities for making connections with others. Who do you like to keep in touch with online and what apps/-services do you use?

What could you do if you saw a friend online needed some help or support?

Help me! Can your child show you how to do something better/safer online?

How do you stay safe online? What tips do you have and where did you learn them?



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Conversation starters for parents and carers

Discuss digital lives and wellbeing

Talk about respect

How does the internet make you feel? Do different apps/games makes you feel differently?

How does the internet/technology make your life better?

How does the internet make you feel? Do different apps/games makes you feel differently?

How might you know if you are using the internet/technology too much?

What could you do if being online is making you feel worse rather than better?

What is different about talking online to someone compared to talking face to face? Is there anything that is the same?

Who do you look up to/respect online? Why?

Can people say/do whatever they want online? Why/why not?

Do you have any tips for how to be positive and show respect online?

What could you do if someone online is making you or someone you know feel worried or upset?



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Create, Connect and Share Respect: A better internet starts with you.

Information and online resources

1. UK Safer Internet Centre



UK Safer Internet Centre:
The European Commission appointed UK Safer Internet Centre is made up of three partners: Childnet International, the South West Grid for Learning and the Internet Watch Foundation. Together we raise awareness about internet safety, develop information materials and resources and organise high profile events such as Safer Internet Day. You can access a range of resources from across the UK, Europe and wider afield at www.saferinternet.org.uk/parents.



Childnet:
Childnet International is a non-profit organisation working in partnership with others around the world to help make the internet a great and safe place for children. The Childnet website hosts all the online resources detailed below as well as a number of recommended resources for young people, parents, carers and teachers. The Parents and Carers area also contains key advice, information on reporting and detailed information on a range of e-safety topics in the Hot Topics section. www.childnet.com



South West Grid for Learning:
The South West Grid for Learning (SWGFL) is a not for profit, charitable trust dedicated to the advancement of education through information and communication technologies. They provide safe, supported broadband internet, teaching and learning services for 2,500 schools in the South West of England and e-safety education and training regionally, nationally and internationally. They provide professionals, parents and children with advice, resources and support to use internet technologies safely to enhance learning and maximise potential. www.swgfl.org.uk



Internet Watch Foundation:
The Internet Watch Foundation is the UK's hotline for reporting illegal content found on the internet. It deals specifically with child abuse and criminally obscene images hosted in the UK and internationally. The IWF works in partnership with the online industry, law enforcement, government, and international partners. It is a charity and a self-regulatory body with over 100 Members from the online industry. www.iwf.org.uk

2. Safer Internet Day



Safer Internet Day:
Celebrated globally every year, Safer Internet Day offers the opportunity to highlight positive uses of technology and to explore the role we all play in helping to create a better and safer online community. It calls upon young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers, and wider, to join together and play their part for a better internet. Ultimately, a better internet is up to us! www.saferinternetday.org.uk

3. Factsheets/Information for parents and carers



Supporting Young People Online:
A free guide created by Childnet providing information and advice for parents and carers on supporting young people online. The advice is also available in 12 additional languages including Arabic, Hindi, Polish, Spanish, Urdu and Welsh. www.childnet.com/resources/supporting-young-people-online



Information and Advice for Foster Carers/Adoptive Parents:
The UK Safer Internet Centre has worked together with Islington Council to create leaflets for foster carers and adoptive parents. The leaflets, which are free to download and easy to print, include top tips and conversation starters to help foster carers and adoptive parents get to grips with internet safety. www.saferinternet.org.uk/fostering-adoption



Keeping Under Fives Safe Online:
Children love using technology and are learning to navigate websites, online games and consoles, and touch screen technology like iPads and smart phones from a younger and younger age. This advice contains top tips for parents and carers for keeping children aged five and under safe online. www.childnet.com/resources/keeping-under-fives-safe-online



Family agreement
Conversation starters and a template family agreement which can be used to discuss online safety with your family. www.childnet.com/have-a-conversation



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Create, Connect and Share Respect: A better internet starts with you.

Information and online resources

4. Online resources for parents and carers



A Parents Guide to Technology:
The UK Safer Internet Centre has created this guide to answer commonly asked questions and introduce some of the most popular devices used by children, highlighting the safety tools available and empowering parents with the knowledge they need to support their children to use these technologies safely and responsibly. www.saferinternet.org.uk/parent-tech



Internet Parental Controls:
The four big internet providers - BT, Sky, Talk and Virgin Media - provide their customers with free parental controls that can be activated at any time. Video tutorials on how to download and use these controls are available on the UK Safer Internet Centre website. www.saferinternet.org.uk/parental-controls



Safety Tools on Social Networks and other Online Services:
Information and advice on the safety tools, age requirements and terms and conditions for a variety of online services popular with young people. www.saferinternet.org.uk/safety-tools



Online Gaming:
Childnet's guide contains helpful advice and information on supporting children and young people playing games online. www.childnet.com/online-gaming



Young People & Social Networking Sites:
Aims to help parents understand the positive and creative ways young people are using social networking spaces (e.g. Facebook, Twitter and Instagram). It also points out the potential risks of using these sites and ways to minimise these risks. www.childnet.com/sns



Social Network Checklists:
Free guides produced by the UK Safer Internet Centre that contain detailed instructions and information on privacy and account settings on Facebook, Twitter, Snapchat and Instagram. www.saferinternet.org.uk/checklists

5. Where to report / get help



Need help? Information about what to do if a child comes to you for help and advice about how to report online concerns such as cyberbullying, inappropriate content or illegal behaviour. www.saferinternet.org.uk/need-help



Child Exploitation and Online Protection (CEOP):
A police agency tackling child abuse on the internet. This website includes a unique facility that enables parents and young people to make reports of actual or attempted abuse online. www.ceop.police.uk. CEOP's Think U Know website contains information for children and parents, as well as a link for children to report abuse online. www.thinkuknow.co.uk



Internet Watch Foundation:
Part of the UK Safer Internet Centre, the IWF is the UK's hotline for reporting illegal content found on the internet. It deals specifically with child abuse and criminally obscene images hosted in the UK and internationally. www.iwf.org.uk



NSPCC:
The NSPCC has partnered with O2 to provide an online safety helpline for parents and carers to answer questions and address concerns about a child's online safety. 0800 800 5000



Childline:
Children can talk to someone for advice and support at any time by contacting Childline on 0800 1111 or chatting to a counsellor online at www.childline.org.uk



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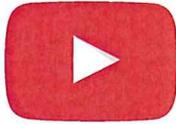
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Fun things to do (with younger children)

Parents & Carers Pack

The activities below provide suggestions of fun and engaging activities that you can do with younger children to help them think about being safe and positive online:

<p>Smartie the Penguin (Ages 3-7)</p> 	<p>Childnet's Smartie the Penguin story highlights the importance of always telling a trusted adult if you are unsure about something online or when using technology.</p> <p>The story can be downloaded/read for free and there are also free colouring pages and fun activity suggestions to help reinforce the messages of the story.</p> <p>www.childnet.com/smartie</p>
<p>Digiduck's Big Decision (Ages 3-7)</p> 	<p>Digiduck's Big Decision is a story by Childnet about the importance being a good friend online. It can be read for free online or downloaded as a free app for Apple and Android tablets.</p> <p>www.childnet.com/digiduck</p>
<p>SIDTV (Ages 3-11)</p> 	<p>Our SIDTV short videos provide a great way to start a discussion with children about how the internet makes them feel and what tips they have about staying safe. Some of the videos are aimed at younger children and can be watched on the UK Safer Internet Centre website or on YouTube.</p> <p>www.saferinternet.org.uk/sid-tv</p>
<p>The Adventures of Kara, Winston and the SMART crew (Ages 7-11)</p> 	<p>Five cartoons for children on how to stay safe online. Each cartoon covers one of the five SMART rules which help children to make positive and safe online choices for themselves and their friends.</p> <p>www.childnet.com/kara</p>
<p>SMART Rules Quiz (Ages 7-11)</p> 	<p>A fun way to check how well your child knows how to stay safe online is to challenge them to the SMART rules quiz on the Childnet website. Why not have a go too and see if your online safety skills are up to date?</p> <p>www.childnet.com/quiz</p>
<p>Further resources and information:</p>  <p>UK Safer Internet Centre</p>  <p>Childnet International</p>	<p>www.saferinternet.org.uk</p> <p>www.childnet.com</p>

